



FIRST METHODIST CHURCH

JUNE 2023 NEWSLETTER

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Pastor's Corner



Mid-Tex Conference
GLOBAL
METHODIST CHURCH

Greetings, Church!

As I write this note to you, we are completing the final aspects of our transition into the Global Methodist Church. I am tremendously excited about the vision and direction of the GMC. The mission of the GMC is to make disciples of Jesus Christ who worship passionately, love extravagantly and witness boldly! Our vision is the join God in a journey of bringing new life, reconciliation, and the presence of Christ to all people, and to helping each person reflect the character of Christ. The website for the conference we will be joining is midtexasgmc.org. On June 8, our church will be on the ballot at the Rio Texas Annual Conference for the final ratification vote by the conference. After this vote, First Methodist Church Gonzales will officially be a Global Methodist Church Congregation! I am excited to share that Rev. Dr. Leah Hidde Gregory, President Pro Tem of the Mid Texas Conference of the GMC will be preaching in both worship services on July 9! She is a tremendous preacher, and I'm so honored that we will get to host her.

Church, I believe our best days are ahead of us. I am certain that we have much work to do, and I am honored that I get to be your pastor.

Blessings,
Pastor Matt

Thank You!

Dear Shawl Ministry Ladies,

Thank you for the beautiful shawl. It is indeed a warm comfort, so like a good hug. I have truly felt your prayers these last several weeks. Please keep me in the circle of prayer. Thank you Mary!

Love you all, Sue Withers

Methodist Church Family & Earth Angels,

Thank you very much for beautiful quilt, the diapers and The Story for Little Ones. It is so sweet to think about all the love that went into the quilt as it was made for our baby girl. JT and I greatly appreciate you taking the time to think of our family as we welcome Miss Adeline Beth. We are so blessed to be surrounded by so much love and support from you all.

Graciously, J.T. & Erin Miller

Earth Angels Quilters

Earth Angels continue to learn about fabric designers from our members who give a monthly, short history of that person as well as giving us a designer-created pattern. The pattern is then used to make blocks for a donation quilt. Through this educational and fun project, we are adding to our stash of quilts for those who may have future needs.

Earth Angels is a non-denominational group of women who are interested in quilting. Meetings of the Earth Angels are held the second Tuesday of each month and include mentioning those in need of prayers, and those needing to be "Wrapped in God's Love" by quilt donations. Inspirational readings, programs about various aspects of quilting, sharing Show and Tell items, and fellowship are also parts of our meetings. Visit our Facebook page to see some of our most recent creations. Feel free to join us at our next meeting on June 13, 2023, at 6 PM in the Stockton Building; all are welcome.

Book Club News

The epic historical novel, The Gates of the Alamo by noted Texas writer Stephen Harrigan, was our choice for May. This exciting story with its combination of historical fact and fictionalized family saga was an exciting read that reminded the readers of the difficulties faced by early settlers in our region and the horrors of the battles for Texas independence. Facts of the period and some new insights to the history plus looks into the characters and quirks of our Texas heroes made this a worthwhile read.

For June, we decided to go with lighter fare and are going to read Love, Clancy: The Diary of a Good Dog by W. Bruce Cameron. Clancy tells his story and with it the story of his owner and his friends and family in a disarming way. Humor and antics lighten the story which also touches on sadness and family dynamics.

We would love to have you join us at 9:30 on Thursday, June 22 in the Bride's Parlor. For information call 830-857-4148.

Martha Jo Whitt

STATISTICAL REPORT APRIL 2023

	<u>Jan-Apr</u>
Ordinary Income/Expense	
Income	<u>241,978.07</u>
Gross Profit	241,978.07
Expense	
40000·Facility Operations	51,819.46
60000·Ministry Work Areas	13,309.75
65200·Lawn Care	1,030.00
66000·Payroll	129,061.31
66100·Staff Benefits	3,793.86
67000·Church Clergy Expenses	17,905.41
76000·Apportionments/Conf.	<u>20,998.32</u>
Total Expense	<u>237,918.11</u>
Net Ordinary Income	<u>4,059.96</u>
Net Income	<u>4,059.96</u>

Rev. Dr. Matt Pennington, Lead Pastor
Katie Foote, Director of Youth & Family Ministries
Melissa Clampit, Dir. of Children & Family Ministries
Felicia Cantu, Office Manager
Rosemary Hindman, Business Manager

Janelle Lester, Wesley Nurse
Christina Menking, Organist
Bill Meadows, Pianist
Sandra Jandt, Happy House Director

June Birthdays

6/1	Corie Remschel Briggs Gindler Megan Tenberg	6/12	Kay Burrough Stephen Tenberg Brent Gindler		Lisa Ehrig Jennifer Pennington
6/2	Jeffrey Mills Kirk Bennett	6/13	Janie Massey John Parr Alexis Cerda	6/20	Debbie Fogle
6/3	Susanne Bennett	6/14	Easton Daniel	6/21	Michelle Lavender Steven Gottwald
6/4	Braden Clampit	6/16	Addisyn Lipke	6/22	Lilah Coke
6/5	Jeanette Pruet	6/17	Connor Pruet	6/23	Pam Lester Emma Morgan Joshua Fogle
6/6	Doreen Fink Katie Garcia Kenna Oates Weldon Holub	6/18	Laney Robinson Roland Escobedo D'Anna Robinson	6/24	Maydell Pankey Dixie Lester Cotton Russell
6/8	Julia Oakes David Pruet	6/19	Gena Bennett Ashtyn Kardosz Grady Hilbig Erin Miller	6/25	Victor Brown, Jr. Preston Clemons
6/10	Cooper Russell		Royce Towns, Jr.	6/27	Irene Oakes
6/11	Cody Stowers			6/28	Sonya Crawford Grace Pennington

June Anniversaries

6/1	Chris & Rachelle Pearson Billy & Sue Boothe	6/11	Mike & Irene Oakes Bill & Jeanette Mayer
6/2	Royce, Jr. & Terry Towns	6/13	Wayne & Erin Baker Mike & Sarah Miller
6/3	Cody & Noelle Stowers	6/16	Jay & Donna Gray
6/4	Greg & Dee Dee Sengelman JT & Erin Miller Seth & Christi Fullilove	6/18	Steve & Mary Willman
6/5	Bill & Willa Keck	6/22	Bubba & Lisa Ehrig
6/6	Brent & Kayla Gindler	6/24	Mike & Jennifer Rosenauer
6/7	Leon & Mali Ivey	6/25	Commie & Donna Hisey
6/8	Todd & Sonya Crawford	6/27	Grayson & Nicki Meredith
6/10	Bryan & Ellen Denman Josh & Jolie Gray	6/28	Ross & Sarah Gottwald
		6/29	Keith & Judy Schauer
		6/30	Tom & Pam Lester

Please contact Felicia at the church office, 672-8521, if your information is missing or incorrect.

Altar Flowers for June are given by:

June 4-Kenneth and Sue Gottwald ~ In Honor of Our Family and Friends

June 11-Bill and Jeanette Mayer ~ In Honor of Bill and Jeanette's 57th Wedding Anniversary and In Memory of Our Parents and Grandparents

Steve and Libby May, Ken and Beth May, Leann Weathermon, and Rick and Marvalee May ~ In Memory of Bill and Dean May, Ercel and Ruth May, and Johnny and Polly Thomas

June 18-Ben, Madison, William, and James Hisey and Matthew, Angela, Olivia, and Mackenzie Hisey ~ In Honor of Commie and Donna Hisey's Anniversary

Ricky and Kelly Lester ~ In Memory of Abby and Bella Lester and Keith and Carolyn Miller

June 25-Derrick, Janelle, Dixie Rea, Ellie Mae, Stayton, Maverick and Rustin Lester ~ In Honor of Our Parents, Ronnie and Mary Rohde and Ricky and Kelly Lester and In Memory of Abby Lee and Bella Lynn Lester

Hello SUMMER



CHILDREN'S CORNER JUNE 2023

Wonderful events happening this summer! Join us!

REVIVE CHILDREN'S CAMP - June 4-8 - The first week of June a group of children and adults will be taking a road trip to Glenrose, Texas to join others from across the state of Texas. We will enjoy faith-filled days while strengthening our relationship with Jesus Christ. Please pray for our group as we travel to and from camp. Looking forward to all God has in store for us!

LET'S PAINT FAMILY FUN DAY - June 13 from 5-7 pm - Everyone is invited to be a part of the festivities with Purple Cactus Pottery. All children (newborns-exiting 12 graders) will receive a free pottery piece. Additional pieces are \$10 each. Refreshments provided.

STELLAR VBS TRAINING - Details coming soon!

STELLAR VBS - June 26-29 from 9am-12pm - We are counting down the days until we launch kids on a cosmic quest where they'll have a blast shining Jesus' light to the world. We are seeking volunteers to help set up the stage area and prepare the rooms the week of June 18th. Groups are filling up as many children have already registered for this out-of-this-world adventure. This is the largest outreach ministry we offer to our community. It is open to children exiting PreK through 5th graders. VBS is one way we can show God's love to these children and families. Thank you for always welcoming the children and parents to our VBS program.

MINISTRYSAFE INFORMATION - Thank you to all who have completed the online training. Emails were sent out in May. If you didn't receive one or need to be added, please reach out to Melissa.

Register now for Pioneer Club, VBS, and/or LEGO camp.

July 2 - VBS Songs during Children's Time & Independence Day Celebration after second service

July 31 to August 4 - LEGO Camp

Substitutes Needed- We are looking to grow our Sunday School program by this fall and ask you prayerfully consider being a part of this group.



THANK YOU FOR SERVING OUR CHILDREN'S MINISTRY PROGRAMS!

SUNDAY SCHOOL - VACATION BIBLE SCHOOL - PIONEER CLUB - SPAGHETTIE SUPPER - EASTER ACTIVITIES - CHRISTMAS PAGEANT - FUN DAYS

Wesley Nurse News – Men’s Health

Dear Church Family,

“Long life to you! Good health to you and your household! And good health to all that is yours!” - 1 Samuel 25:6

Men can live healthier, longer lives just by knowing their health threats and how to work through those risks. Statistics show that heart disease is the number one threat with cancer, injuries, stroke, COPD (respiratory disease), diabetes, flu, suicide, kidney disease, and Alzheimer’s making up the top ten. By listening to your body and adopting good lifestyle habits, you can decrease your risk for life-threatening health issues. A healthy, balanced diet will greatly reduce the risk for five of the top ten threats: heart disease, cancer, stroke, diabetes, and kidney disease. Fruits, vegetables, and whole grains are heart healthy selections and can fight some cancers as well. They also help maintain a healthy weight which is necessary for the prevention of diabetes and kidney failure which is a complication of diabetes and high blood pressure. Risky behavior can cut a man’s life short and is easily preventable. Accidents from automobiles, falls, and the use of chemicals can be fatal or seriously debilitating so wear seat belts, drive safely, use chemicals in a well-ventilated area, and use ladders carefully. Also lose the smoking habit as it increases your risk of heart disease, cancer, and complications with respiratory disease and diabetes.

Depression is a major illness but is rarely acknowledged by men as it is often viewed as a weakness or a threat to career and lifestyle. It is actually a neurological malfunction caused by genetics or life/environmental experiences and can be treated. Depression is exhibited differently by gender so in men look for symptoms of inappropriate anger, compulsive behavior, difficulty sleeping, risky behavior, alcohol/substance abuse, sexual liaisons, abusive behavior, or thoughts of suicide. If any of these are observed or experienced, seek diagnosis and treatment. Medication, psychotherapy or combining both can improve the health and happiness of about 80% of men who are treated.

Prostate cancer is the second leading cause of cancer deaths. It is most frequently found in men over 65 but rare cases can be found in men younger than 45. If caught early, it is generally slow growing and easily treatable. With few symptoms, it is important to note signs of potential problems like: difficulty urinating, pain during urination, blood in the urine, pain in the lower back/hips/upper thighs. See a physician for a digital rectal exam and/or a blood test for PSA (prostate-specific antigen) to determine if they indicate cancer. If diagnosed, treatment may include surveillance, surgery, radiation therapy, hormone therapy, or chemotherapy. Discuss your options with your physician to determine which is appropriate for you.

“Turn your ear to wisdom and apply your heart to understanding.” Proverbs 2:2 NIV

Men, taking care of your health is not selfish or weak. Give your family the gift of good health. To avoid debilitating disease and to live longer, don’t use tobacco, be physically active, eat a balanced diet, maintain a healthy weight, manage your stress, take safety precautions at home and work, take medication as needed, and participate in health screenings. For men to stay healthy and increase their chance at healthier lives, screenings should include: a body mass index for obesity, a cholesterol check starting at 35, a blood pressure check every 2 years, colorectal cancer screen at 50 (earlier if there is a family history of cancer), a diabetes check if either blood pressure or cholesterol is high, and a discussion with the doctor about a depression screening. An ounce of prevention is worth a pound of cure. Your family will thank you.

Your Wesley Nurse,
Janelle Lester BSN, RN

References: Merila, N. & Slutz (2009) Seasons of Wholeness Monthly themes and programming for faith community ministry. Volume VI. International Parish Nurse Resource Center; St. Louis, Mo. Centers for Disease Control <www.cdc.gov>

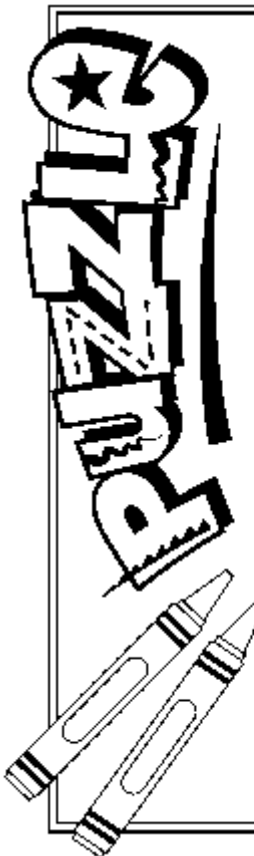
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Wesley Nurse News continued...

Announcements and Upcoming Events –

- The South Texas Blood & Tissue Center of Victoria will be here out in front of the church on Sunday, June 4th from 8 am – 1:00 pm., for our second blood drive of the year. We, as a church, have set a goal of collecting 35 units of blood this drive. Mark your calendars and please invite your neighbors, friends, and family members to come and help save a life, by *donating blood* to those in need and help us reach our goal!! I faithfully pray that we as a church and community will continue to give selflessly and positively impact the lives of others.
- The Cancer Support group meets monthly. We do not have a date set for the month of June, but if you are interested in participating or have questions, please call me and I can answer any questions you may have about this group.
- Through a partnership with the Texas Diaper Bank, based out of San Antonio, I am now offering My Healthy Child classes. The classes can be attended on an individual basis or in a group setting. After completion of each lesson, participants will receive 2 packages of diapers for children under the age of 6 years old. If you know of anyone interested in this program, please direct them to me and I will work with them to seek their qualification into the program.

Thank you again for your continuous support of the Wesley Nurse Ministry. It is because of each of you, that I can effectively help others in our community. If you need any of my services, please call or email me, and we can arrange for a phone visit if you are unable to come in for an in-person appointment. You can reach me by phone at 830.888.9780, or by email at jlester@mh.org.



★ FATHER'S ★ INSTRUCTION

★ Although babies don't come with instructions, ★
★ God tells parents how to raise their children. ★

Directions: Fill in the blanks with letters, using the number grid to find the correct coordinates. The first number goes across, and the second one goes down.

1	2	3	4	5	6	7	
1	a	L	d	i	j	g	r
2	m	b	o	k	h	u	s
3	e	n	c	x	t	p	f

... 2,2 7,1 4,1 2,3 6,1 5,3 5,2 1,3 1,2

6,2 6,3 4,1 2,3 5,3 5,2 1,3

5,3 7,1 1,1 4,1 2,3 4,1 2,3 6,1 1,1 2,3 3,1

4,1 2,3 7,2 5,3 7,1 6,2 3,3 5,3 4,1 3,2 2,3

3,2 7,3 5,3 5,2 1,3 2,1 3,2 7,1 3,1

EPHESIANS 6:4, NIV

Answers: "... bring them up in the training and instruction of the Lord."

YOUTH

Helping Students Find & Follow Jesus

Junior High Transition Night

On May 3rd we welcomed in the soon to be 7th graders (Class of 2029) into the Youth Group! We had fun playing games & getting to know each other!



Senior Sunday

It was a joy to celebrate our Seniors at Senior Sunday! They did a great job helping lead the worship services. Please be praying for them and their new adventures ahead, that God would be central to their lives in this next season!



Shrimp Boil Welcome Party & Last Youth of the Spring





First Methodist Church
426 Saint Paul Street
Gonzales, Texas 78629

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VBS 2023 REGISTER NOW!

STELLAR

SHINE JESUS' LIGHT

June 26-29

9AM-NOON